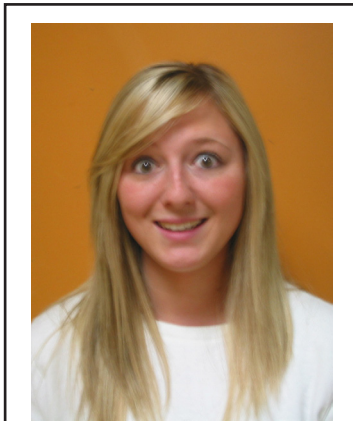


# Are we putting too much emphasis on our personal appearance?

The average American teenager has started to put a lot of consideration and time into their personal appearance. They care too much about what others say about them and if their ward-



**In the Eyes of a Senior**  
By Summer Thompson

robe is up to the standards of the latest fashion trends. Why must teens conform to the views and standards of others when they should feel confident enough to express their own individuality? Young people these days have enough pressure on them

already from working, to school and relationships, and now they feel the need to follow their peers and socialites on the correct way to act, dress, and behave in all situations. The way media persuades today's teens is very deceiving. They force on them impossible and entirely unrealistic standards, and then show them the "only way" they can attempt to try and reach it, with name brand clothing and accessories, along with fads that don't

last as long as the outfit does. American teens need to reorganize their priorities and focus on more important things in life, like where they want to go to college, what they want out of life, and how they can achieve their biggest goals. Teenagers need to have fun and enjoy themselves and stop worrying about what others think. Live your life and be who you want to be.